

Interior Insulation: Materials

Interior insulation not considered due to problems associated with moisture becoming trapped in insulation and the problems it can cause.

However, if you have a dry basement and can ensure control of moisture and its problems then use high density glass fiber (Thermafiber) that will accept wetting without losing significant fill / shape and insulation properties, along with being less hospitable to insects and vermin. Also use pressure treated studs and air tight dense glass drywall which will also shrug off minor wetting.